



# MINNESOTA RUSH

## U12 EVALUATION

PLAYER:

TEAM:

COACH:

### BY THE END OF THE SEASON PLAYERS SHOULD...

*be comfortable heading the ball offensively and defensively,  
be able to play a lofted pass with minimal pressure,  
understand the relationship between the lines (multi-directional support passes),  
understand the role of the third defender in relationship to the first and second (pressure, cover, balance).*

### TECHNICAL & TACTICAL

EXCEEDS  
EXPECTATIONS  
COMPETENT\*  
NEEDS  
IMPROVEMENT

CAN THE PLAYER RECEIVE WITH THIGH AND CHEST?

CAN THE PLAYER SHIELD THE BALL?

CAN THE PLAYER RECEIVE WITH BACK TO PRESSURE?

CAN THE PLAYER USE INDIVIDUAL DEFENDING SKILLS (ADVANCED)?

CAN THE PLAYER PERFORM THE ROLE OF THE SECOND DEFENDER?

CAN THE PLAYER CROSS?

CAN THE PLAYER FINISH?

CAN THE PLAY HEAD THE BALL (ATTACKING/DEFENDING)?

CAN THE PLAYER PERFORM A LOFTED PASS?

CAN THE PLAYER PERFORM THE ROLES OF THE THIRD DEFENDER (BALANCE)?

CAN THE PLAYER FINISH (CROSS/INSTEP)?

DOES THE PLAYER UNDERSTAND DEFENDER, MIDFIELDER, AND ATTACKER POSITIONAL ROLES?

DOES THE PLAYER UNDERSTAND WHEN AND HOW TO MAKE RECOVERY RUNS ON TRANSITION?

DOES THE PLAYER UNDERSTAND COMBINATION PLAYS USING THE TAKE OVER AND DOUBLE PASS?

DOES THE PLAYER HAVE A BASIC UNDERSTANDING OF SET PLAYS INCLUDING CORNERS,  
GOAL KICKS, AND BOTH INDIRECT AND DIRECT FREE KICKS?

DOES THE PLAYER UNDERSTAND THE RELATIONSHIP BETWEEN THE LINES AND HOW  
THEY WORK TOGETHER?

EXCEEDS  
EXPECTATIONS  
COMPETENT\*  
NEEDS  
IMPROVEMENT

ATTITUDE

COMMITMENT

CONCENTRATION

CONFIDENCE

DESIRE

### PLAYER GOALS

COACH COMMENTS: