



MINNESOTA RUSH

U16+ EVALUATION

PLAYER:

TEAM:

COACH:

BY THE END OF THE SEASON PLAYERS SHOULD...

*have a comprehensive understanding of attacking and defending principles of play,
have the ability to recognize various moments in the game.*

TECHNICAL & TACTICAL

EXCEEDS
EXPECTATIONS

COMPETENT*

NEEDS
IMPROVEMENT

CAN THE PLAYER PERFORM BENDING BALLS WHILE PASSING AND SHOOTING?

CAN THE PLAYER USE INDIVIDUALIZED TECHNIQUE(S) BASED ON RESPECTIVE POSITION(S)?

DOES THE PLAYER RECOGNIZE MOMENTS IN THE GAME
(IN POSSESSION, OUT OF POSSESSION, ABOUT TO WIN/LOSE THE BALL)?

DOES THE PLAYER UNDERSTAND THE ATTACKING PRINCIPLES
(WIDTH, DEPTH, LENGTH, SUPPORT, IMPROVISATION)?

DOES THE PLAYER UNDERSTAND THE DEFENSIVE PRINCIPLES
(PRESSURE, COVER, BALANCE, COMPACTNESS) AND HOW/WHEN TO USE THEM?

IS THE PLAYER ABLE TO TRANSITION BETWEEN FORMATIONS?

EXCEEDS
EXPECTATIONS

COMPETENT*

NEEDS
IMPROVEMENT

ATTITUDE

COMMITMENT

CONCENTRATION

CONFIDENCE

DESIRE

PLAYER GOALS

COACH COMMENTS: